

Solutions for Women Presents:

Redesign Your Life & Thrive



Laisha Kneuen

Certified Life Coach - Credentialed Teacher



Is there a tiny voice inside you telling you, "Excuse me, your life is changing!" When things fall apart whether through declining health, divorce, death of a loved one or taking the first steps into retirement, all too often we are left in shock and at the same time needing to make choices that will affect us for years to come.

Join other women of like mind who are making a new beginning in their life and want to know what it takes to:

- Find your own inner compass
- Discover what works
- Sort out what really matters
- Move forward and take effective action that will enable you to flourish and thrive



Register online www.westlinnoregon.gov

or call: 503-557-4700

Tuesday evenings beginning:

Feb. 24th - April 7th (no class 3/24)

Six classes: 5:30 - 7:30 PM

Fee: \$120

Location: West Linn High room B-205

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